



d) How can we overcome the fear of man in our lives? (See 2Tim. 1:7)

2.a) How does Esau express his relationship with Jacob (v.4)?

b) What has caused this change in Esau's attitude?

3.a) How did Esau and Jacob deal with the pain of their past relationship?

b) Is this a good way of dealing with the past?

4.a) What did Jacob tell Esau in v.14?

b) Did Jacob intend to go to Seir (vv.16-19)?

c) Had Jacob changed completely from his old way of life?

d) Is it all right to hide the truth in order to avoid embarrassment?

5. Read 1 Corinthians 3:1-3.

a) In what way is Jacob similar to the Corinthian believers?

b) What do these two passages tell us about conversion and the life of the believer?

c) Can you think of other passages of the New Testament that teach about progress in the life of the believer?

### **For Further Thought And Action**

What sins from your past life do you still need to deal with? How will you deal with them?

### **Memory Verse**

For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

2Timothy 1:7